

## EXAMINATION of CONSCIENCE For SACRAMENT OF RECONCILIATION

*Presider:* Children, we will now help you go through an examination of conscience. We know that our conscience is that very special gift, given to us by God that helps us to know what is right or what is wrong.

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Do I love God with all my heart, soul, and mind?

Have I remembered to pray to God every day?

Have I said God's name in a bad or unkind way?

Do I laugh if someone uses God's name in a bad or unkind way?

Do I remember that Sunday is God's day?

Do I say the Mass prayers as best I can?

Have I been disrespectful to my parents or other adults who take care of me?

Have I been angry or mean to anyone?

Have I done anything to hurt my own or someone else's body?

Have I taken anything that belongs to someone else?

Have I cheated in my school work or at home or during games?

Have I lied to anyone?

Have I failed to tell someone something that I know I should have?

Have I been jealous of what others have?

Have I been jealous of another person's family or lifestyle?

*Presider:* O Dear Jesus, how can I say I'm sorry for what I've done or failed to do?